



Inspirational Mom, Ginny

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Ten years ago, Ginny was presented with the hardest decision she would ever have to make. Her oldest son had epilepsy due to a stroke when he was born. When Ginny's son was 12 and suffering from seizures his doctors offered a 'cure'. This left Ginny and her family the decision on whether or not the doctors were going to remove half of his brain.

Being a nurse, Ginny put extra pressure on herself to make the right decision for her son. Ginny's husband could see her stress and told her to, 'Go kick something.' Growing up in a musical family, Ginny had never 'kicked' anything in her life. So what did she do? At the age of 37 years, she rounded up a group of 19 friends who wanted to help and started a women's soccer team!

Ten years and 1800 members later, the Women's Soccer Club is helping women from 16 to 70 feel empowered, emotionally and physically stronger than before they started playing soccer. Not only is it a wonderful stress release, but increases self-esteem, self-acceptance, enables networking and builds wonderful friendships. She didn't know what she would end up creating while trying to clear her head.

"To be honest, I am still so busy trying to keep up with the ever-changing demands of this club and my 6 kids lives that actually, I don't fully realize I don't think of what I have done. I don't have time to even think about it. I just take it one day at a time and keep moving forward to try to make it a better & streamlined soccer club connecting all women of all ages, and all levels of experience. We continue to help women on and off the field finding strength through numbers.

I have learned so much from the awe-inspiring and hard-working women of this soccer club. To keep up with my goals, my learning curve keeps pushing me forward beyond my comfort zones. I never took a business course in my life or played soccer for

that matter. I was a nurse and a musician. I was one to run from numbers and finance with my eyes glazing over at the mere mention of finance. Now I am immersed in finance wanting to learn as much as I can about contribution margins, cash flow sheets and budgets to improve & streamline daily operational as well as executive organizational management.

Who would have thought that I would be where I am today - doing what I am doing? Life is crazy."

-Ginny

Ginny made the right decision for herself and her son. There are many different ways she could have handled her situation, but she chose a truly inspirational path. The Women's Soccer Club has not only changed her life, but the lives of thousands of women and moms! Thank you, Ginny, for sharing your story and for being a BornFit Inspirational Mom!

Check out the [Women's Soccer Club](#) today!

Each month we feature a BornFit Mom in our newsletter and on our web site. We salute these moms for inspiring us to become better people! Do you know a Born Fit Mom and want to share their inspiring story? Please [contact us](#) and tell us all about her!